



Laurieton Lakeside
AGED CARE RESIDENCE

LAKESSIDE NEWSREEL

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April 2026

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Lifestyle Team Welcome



Hello Residents, Families and Friends

Welcome to April! This month has long been associated with renewal, progress, and remarkable moments in history. April has witnessed groundbreaking achievements - from the launch of the first human spaceflight in 1961 to significant milestones in literature, science, and civil rights movements across the globe. It's a month that reminds us how perseverance and curiosity can lead to extraordinary accomplishments.

As we turn the page to a new chapter, let us reflect on the wisdom gained through experience and the joy that comes from sharing stories, laughter, and memories. Each month offers a new opportunity to learn something fascinating and to appreciate how far humanity -and each of us - has come.

Here's to a month filled with discovery, connection, and uplifting moments.

Warmly,

Michelle, Olivia, Jodi & Cam.

April Trivia

It is thought that the name April comes from the Latin word "to open" and describes the trees opening at springtime.

Zodiac signs: **Aries & Taurus**

Birthstone: **Diamond**

Flower: **Daisy & Sweet Pea**

Quote of the Day

*You are never too old
to set another goal
or to dream a new
dream.*

– C.S. Lewis

Services Provided at Lakeside

This table outlines the essential services available at Lakeside and how residents can access each service.

Service	Frequency	How to Access
Hairdresser (Julie)	Weekly (Wednesdays)	Each nurse's station has a hairdressing appointment book. Please speak with a nurse and they will add the residents name to the list.
GPs (Dr Chong and Jitender – Nurse Practitioner)	Dr Chong (Tuesdays) Jitender (Thursdays)	Referrals to GPs are made by our registered staff team. Residents and representatives can also request to see their GP by speaking with registered staff. A GP referral book is kept in each nurses' station.
Podiatry (Shannan)	Every 6-8 weeks	Shannan attends Lakeside 20 times per year. Shannan has a schedule which ensures each resident is seen at least five times per year. If a resident has concerns about their feet, please speak with our registered staff team about a referral.
Audiologist (Isaac)	As required	When a resident experiences hearing difficulties, please inform our nursing team immediately. Our registered staff will refer the resident the audiologist for assessment. If a resident has an existing audiologist (not Isaac), residents can continue with their current audiologist or change to Isaac.
Speech Pathologist (Carly)	As required	Speech pathologists are called upon when residents have difficulty with communication, including speech, language and swallowing. These professionals assess, diagnose and treat these difficulties and provide strategies to our team to improve resident quality of life. Referrals to speech pathologists are made by our registered staff team. Please speak with our registered staff team if you would like to know more.
Dietician (Liam)	As required	Dieticians specialise in nutrition and managing medical conditions through dietary interventions. They also play a role in monitoring and treating unplanned weight loss. Referrals to our dietician are made by our registered staff team. Please speak with our registered staff team if you would like to know more.

Facility Manager Update

Facility Manager Update

Dear Residents and Resident Representatives,

Emergency Procedure During Nurse Call Outages

As some residents in Lakeview Wing would be aware, we recently had a temporary nurse call outage for several hours which required a technician to attend site to resolve the issue. As a result of this outage, we reviewed our outage procedure and have implemented the following moving forward:

1. A supply of 25 emergency call bells have been purchased and will be utilised in resident rooms during outages. This will be distributed by the nursing team if an outage is identified and ensures residents can call for assistance when needed.
2. An additional staff member will be allocated during outages to support existing staff and residents.
3. 15-minute checks on every impacted resident will be conducted until the system is restored.
4. Further feedback after future outages will be requested from residents to ensure our updated outage procedure is effective.

Thank you to our resident Merv Clarke for his feedback and experience during the review process. Merv's feedback gave us insight into his experience during the last outage and prompted us to review our outage procedure.

Trip Hazards

Our plumbing team have recently undertaken a program to raise water overflow pits in the PJ/East/LV courtyards to remove trip hazards from these spaces. Other areas around pathway edging have been re-turfed and soil levels raised to also minimise trip hazards. Further concreting and tiling work is due to commence in April in the PJ/East/LV courtyard to connect walking areas and improve safety for residents.

Resident Advisory Committee

We are currently seeking residents to join our Resident Advisory Committee. The Committee meets once a month to discuss important issues. If you are interested in attending the next meeting, please speak with Michelle in Lifestyles. The Committee an opportunity to provide feedback about the care and services at Lakeside.

See you next month.

T Cummins

Facility Manager

Compliments, Complaints and Feedback

We welcome your Suggestions, complaints and Compliments and regard them as opportunities for us to improve. We recognize the importance of clear processes that facilitate resolution of consumers' concerns and complaints and are committed to investigation of all issues of concern.

You or your advocate are encouraged to make a complaint or compliment to any of our managers.

You may arrange to see one of our managers in person (See reception) Email us or by telephone.

Tim Cummins – Facility Manager

fm@laurietonlakeside.com.au

02 6559 8777

Nichole Lucey – Director of Nursing

don@laurietonlakeside.com.au

02 6559 8777

Feedback, Complaint, Compliment and suggestion forms are available in the foyer and at the nurses' stations. If you are not happy with the outcome of your complaint or you would like to take it further.

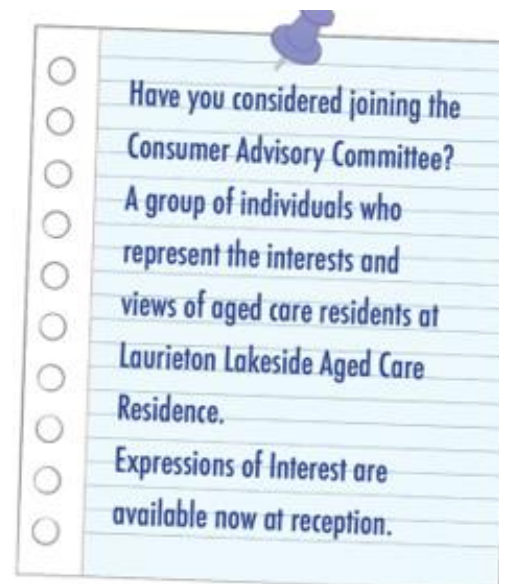
You can also take your concern to
The Aged Care Quality and Safety Commission
or seek the use of an Aged Care Advocacy Service.
Below are a couple of services you may like to use
as your advocate.

AGED CARE QUALITY AND SAFETY COMMISSION
1800 951 822

OPAN (Older Person Advocacy Network) 1800 700 600

SRS (Seniors Rights Service) 1800 424 079

NB: All complaints are strictly confidential and management will not tolerate any form of reprisal toward any consumer or their representative because of any comment or complaint, they raise.



A word with Chaplain Mark

Here we are in April... Amazing how fast the year is going. Easter is upon us – a special time! And later in the month we have Anzac Day – a special day for Australians. And another day in April special for me is remembering the birth of my mother – she was born April 14, 1912 – the day the Titanic went down!

Some wisdom and humour for you

"If Easter says anything to us today, it says this: You can put truth in a grave but it won't stay there." Clarence W. Hall

"Egg hunts are proof that your children can find things when they really want."

"A true friend is someone who thinks you're a good egg, even if you're cracked."

"Easter is very important to me. It's a second chance." Reba McEntire

"The stone was rolled away from the door, not to permit Christ to come out, but to enable the disciples to go in." Peter Marshall

What do rabbits say before eating? Lettuce pray.

What comes at the end of Easter? The letter "r"

Where does the Easter Bunny get his eggs? From an Egg Plant.

What do you get if you pour boiling water down a rabbit hole? Hot Cross Bunnies! (ouch – please don't try this one!!)

How do you catch the Easter Bunny? Hide in a bush and make a noise like a carrot!

CHURCH SERVICES for April

ANGLICAN **Monday April 20** (due to Easter public holiday)

CATHOLIC **Monday April 13**

Pastoral Care Visits are planned each week and on request. If any **residents, relatives, friends, or staff** wish to have a chat, please let me know....give me a yell as I walk around, call me on ext.114 or my mobile 0410 629 850.

Don't forget..... as Chaplain, I am non-discriminatory and non-judgmental; you do not have to be 'religious' or even 'spiritual' to speak with me. I am happy to talk with you about **anything** – family, memories, travels, God, footy, cricket, motorbikes, what makes you happy, sad, worriedanything.

A word with Chaplain Mark

Easter, Anzac and the Titanic!

I was thinking about **Easter and Anzac (and the Titanic)**, and somehow this made me think of a man named John Harper who was a passenger on the Titanic. (This is my writing, but includes adaptation of material from an article by Erwin W Lutzer in 2012).

Harper, his sister and daughter (aged 6) were on the Titanic going from England to USA, for a series of preaching engagements. Harper's wife had died previously.

Survivors of the Titanic later reported that as it began to sink, Harper admonished people to be prepared to die. He apparently was entitled to a lifeboat seat – but declined it, just ensuring that his sister and daughter were in a lifeboat and safe.

He knew he would die, as there were not enough seat on lifeboats for all on board, but his priority in the time he had left of life was to tell people about the Biblical real-life account of Easter – of Jesus dying on the Cross to pay the penalty for people's sin, rising from the dead, and of God's great love for every person in the worldand of people's need to follow Jesus.

He swam from person to person telling them this, and as the icy water got the better of him and he approached death, he gave his life jacket to someone else after telling them about Jesus. Harper shouted to people - "Believe on the Lord Jesus Christ and you will be saved!"

Moments later, Harper disappeared beneath the icy water – one of more than 1500 people to die that day...only about 700 survived.

As it happened - Harper's six-year-old daughter and her aunt arrived safely in New York, rescued by the ship Carpathia, and only then learned of Harper's death.

John Harper had lived his life prior to the Titanic with a passion to see people follow Jesus...it was not just something he did right at the end there on the Titanic. As you read this, I have no idea what you believe about Jesus (or a lot of other things for that matter)...but I believe what John Harper believed about Easter...about Jesus dying, rising from the dead and all that stuff that so many people put into the category of fairy tales and the like.

I have heard it said that Christianity is a crutch!..... A crutch for weak people. Was John Harper weak! It is also said to be for simple uneducated people...but it holds up historically! If you want to have a friendly chat about any of this, please let me know – we are all entitled to believe what we will, but it can be wise to thoughtfully consider alternatives.

Toodle-oo and God bless you

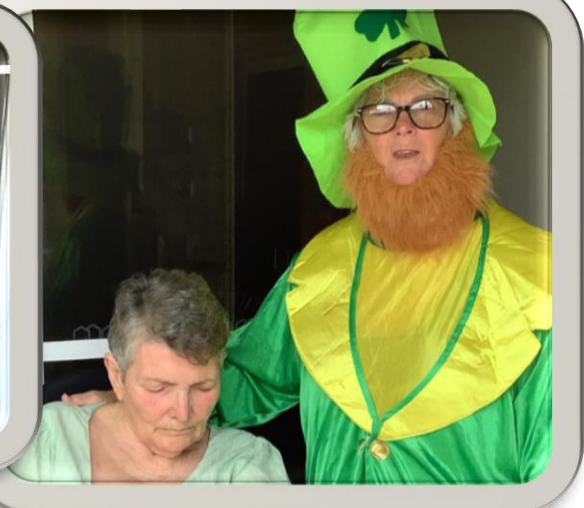
Chaplain Mark

"HAPPY 103rd BIRTHDAY" JOAN DUGAY

Joan has received acknowledgement from the Government House Canberra ACT
For her Milestone Birthday



Activity Spotlight – St Patrick's Day



Activity Spotlight - St Patrick's Day



What We've Been Up To Lately



What We've Been Up To Lately



Upcoming Events

Steve Taylor Concert

Tuesday 21st April, 10:30am, Activities Room

Miniature Horses

Friday 24th April 10:30am, outside activities room

BBQ for LV Residents

Tuesday 28th April, 10:30am



Regular Events

- Anglican Service first Monday of Month
10:30am
- Catholic Service with St Joseph's Choir School
Choir second Monday of Month 10:30am
- Hairdresser every Wednesday
- Bingo! Every Thursday at 10:30am
- Men's Group every Friday at 9.30am
- Ladies Group every Friday at 10.30am
- Happy Hour every Friday at 2pm
- Resident & Representatives Meeting, third
Monday of the Month alternating morning or
afternoon, see monthly program for time.
- Walking Group, every Wednesday at 10:30am

Special Days

- 1st April Fools' Day
- 3rd Good Friday
- 4th Easter Saturday
- 5th Easter Sunday
- 6th Easter Monday
- 12th Human Space Flight
- 15th World Art Day
- 22nd Mother Earth Day
- 23rd Shakespeare's Birthday
- 23rd World Book Day
- 23rd St George's Day
- 24th Arbor Day
- 25th Anzac Day
- 29th Intl. Dance Day
- 29th Guide Dog Day

Allied Health & Physio Update

It's been fantastic to see so many residents getting involved in our Falls Prevention classes! These lively sessions run every Monday and Friday at 9:30am in the LV Lounge, and they're all about fun, fitness, building strength, and staying steady on your feet.

Looking for something a little different? Bronwyn's Tuesday morning class for our female residents brings a wonderful mix of dancing and games—perfect for boosting strength while having a laugh. And for the gentlemen, Warren is planning to launch a new Wednesday class focused on strength and everyday movement—watch this space!

Drew's ever-popular seated exercise classes continue on Tuesday and Thursday afternoons at 2pm. These sessions are ideal for improving mobility, easing stiffness, and keeping everyone moving safely and confidently—no matter your fitness level.

Prefer something more tailored? We also offer individual exercise programs for residents who may not be able to attend group classes or who benefit from one-on-one support. Our Allied Health team is always here to help with equipment, massage, stretching, and pain management—so please don't hesitate to reach out.

As we head into April, we're shining the spotlight on safety with our **“April Falls (Prevention) Month.”** Our dedicated Falls Prevention team—made up of Physio, Nursing, Management, and Pharmacy—works together behind the scenes to identify risks early and *nip problems in the bud* before they happen.

Throughout April, we'll also be running balance screenings, so it's the perfect time to:

- Wear your safe, supportive shoes
- Join an exercise class
- Use your walkers if needed
- And most importantly—stay active and enjoy life with confidence!

Let's keep moving, stay steady, and make the most of every day. 🤝”

Bron, Warren, Drew & Theo

April Birthdays

In April, we celebrate birthdays with:

- **Herb**
- **Gloria**
- **Beryl L**
- **Beryl M**
- **Betty S**
- **Barry H**

Please join us in the activities room on the second Tuesday
In April to celebrate!



April Trivia

- The RMS Titanic sank on April 15, 1912, during its maiden voyage, becoming one of the most well-known maritime stories in history.
- Leonardo da Vinci, one of history's greatest artists and inventors, was born on April 15, 1452.
- On April 30, 1789, George Washington was inaugurated as the first President of the United States in New York City.
- The famous board game Scrabble was copyrighted in April 1948, bringing generations together through the joy of words.

Aries (Mar 21 – Apr 20)

Aries are passionate, motivated and confident leaders. They are bundles of energy & enthusiasm.

Taurus (Apr 21 – May 20)

Taurus are practical and well-grounded. They surround themselves with love & beauty.

WOW!

The Invention of the First Practical Washing Machine

In April 1908, Alva J. Fisher introduced the first successful electric washing machine, the "Thor." Before then, laundry required scrub boards, boiling water, and lots of hard work. The Thor transformed daily life by saving time and effort, eventually evolving into the modern machines we use today. It's a reminder that innovation can make life easier.

A Poem To Share

Leisure

By W.H. Davies

What is this life if, full of care,
We have no time to stand and stare.

No time to stand beneath the boughs
And stare as long as sheep or cows.

No time to see, when woods we pass,
Where squirrels hide their nuts in grass.

No time to see, in broad daylight,
Streams full of stars, like skies at night.

No time to turn at Beauty's glance,
And watch her feet, how they can dance.

No time to wait till her mouth can
Enrich that smile her eyes began.

A poor life this if, full of care,
We have no time to stand and stare.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Lorraine**
- **Wilma**

We hope that you enjoy your time here!

NEW STAFF

A warm welcome also goes to the people who joined our team in the past month!

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- **xxx**

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we so very much appreciate your time and energy.

LOST PROPERTY

We have had a large volume of unlabeled clothing accumulate. Please ensure that any clothes are labelled prior to being washed and any new clothes are sent to the laundry for labelling.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to Lifestyle, or email us anytime via lifestyle@laurietonlakeside.com.au

Thank you!

LIBRARY

We have a small library of books in our Activities Centre. If you can't make it down to activities, ask one of our Lifestyle team and we are happy to deliver and pick up books for you.

Noticeboard



LIFESTYLE - BARBEQUE

April's barbeque will be held on Tuesday 28th April, for the residents in the Lakeview Wing. Please RSVP to Lifestyles team if you wish to attend.

HAIRDRESSER

We have a hairdresser who attends every Wednesday. If you would like an appointment please ask a staff member to write your name down in the hairdressers book.

RESIDENT'S & REPRESENTATIVES

Laurieton Lakeside's Resident and Representative meetings are held on a Monthly basis on the third Monday of each month. Dates and times can be found on the monthly program.

We encourage our residents and their representatives to attend and participate in discussions at these meetings, regarding feedback, information sharing, and up and coming activities.

We love to hear your suggestions or recommendations.

PODIATRY

We have a podiatrist who visits on a monthly basis. Next visits are;

Monday 13th April 2026

Monday 20th April 2026

If you have a need to visit, please let staff know and they will put your name down for an appointment.

FURRY FRIENDS

At Laurieton Lakeside, we warmly welcome well-behaved and vaccinated pets to visit our community. Pets can bring such joy and comfort to our residents.

We do ask that you do ensure that you bring a 'doggie doo' bag to clean up after your pet if required.

Your pet can be off lead when visiting in resident rooms, however we ask that you keep them on leash in common areas.

Laughing Matters



The Talking Parrot

A burglar was quietly robbing a house when he heard a voice: "Jesus is watching you."

Then he saw a parrot in a cage and asked: "Did you just talk to me?"

The parrot replied "Yes."

Relieved, the burglar asked: "What's your name?"

The parrot responded, "Clarence".

The burglar said: "That's a stupid name, what idiot named you Clarence?"

The parrot answered, "The same idiot who named the rottweiler Jesus".

The Preacher's Promise

A preacher said: "If I had all the beer in the world, I'd take it and throw it into the river." And the congregation cried, "Amen!"

He continued: "And if I had all the wine in the world, I'd take it and throw it in the river". And the congregation cried, "Amen!"

"And if I had all the whiskey and rum in the world, I'd take it all and throw it in the river".

Again the congregation cried, "Amen!" The preacher sat down

The deacon then stood up & said: "For our closing hymn, let's turn to page 126 of our hymn books and sing, "We shall drink from that river".

A Lesson Learned

Finding one of her students making faces at others on the playground, Ms. Smith stopped to gently reprimand the child.

Smiling sweetly, the Sunday school teacher said, "Johnny, when I was a little girl, I was told if that I made ugly faces, it would freeze and I would stay like that."

Little Johnny looked up and replied, "Well, Ms. Smith, you can't say you weren't warned."

Laughing Matters



Where do you find the Easter Bunny?

It depends on where you left him.



Why did the Easter egg hide?

Because it was a little chicken.



I don't usually tell dad jokes on Easter.

But when I do, he laughs.



Why did the jelly bean go to school?

It wanted to be a Smartie.



Crossword

EASTER CROSSWORD



1 2 3

4

5 6

7

8

9 10

11 12 13

14

15

16

A crossword puzzle grid with 16 numbered starting points for words. The grid consists of white squares for letters and empty spaces. The numbers are: 1 (top row, 1st square), 2 (top row, 5th square), 3 (top row, 9th square), 4 (second row, 1st square), 5 (third row, 6th square), 6 (third row, 10th square), 7 (fourth row, 1st square), 8 (fourth row, 5th square), 9 (fifth row, 5th square), 10 (fifth row, 7th square), 11 (sixth row, 1st square), 12 (sixth row, 4th square), 13 (sixth row, 7th square), 14 (seventh row, 1st square), 15 (eighth row, 3rd square), and 16 (ninth row, 3rd square).

Across

4. Cheerful, yellow spring flower (8)
5. What season is Easter associated with? (6)
7. A hen makes these (4)
8. The search for Easter Eggs (4)
9. A baby sheep (4)
11. The hen's baby (6)
13. Used to color eggs (3)
14. Make eggs look pretty (8)
15. Traditional Easter hats usually tied with ribbons (7)
16. Used to collect Easter eggs (6)

Down

1. An animal that looks like a rabbit with long ears (4)
2. In the song 'Easter Parade' what avenue do they walk down? (5)
3. In 'Alice in Wonderland' what color is the rabbit with the pocket watch? (5)
5. Easter is always on this day of the week (6)
6. Female star of the film 'Easter Parade'? Judy _____ (7)
10. Another word for rabbit (5)
12. Most popular Easter present (9)
13. A female rabbit (3)

Word Search

EASTER



H S W G Y B O N N E T A K L
C T D A D E G G H U N T Q K
R G K Z X E Q U I N O X B J
O R E S U R R E C T I O N C
S L K I F E R T I L I T Y C
S T R A D I T I O N U N I H
R E B I R T H S E G G S B O
F O R G I V E N E S S N L C
C F F A M I L Y J E S U S O
Y B U N N Y Z S F I Z H V L
V U P G O O D F R I D A Y A
X S A N G E L S C H I C K T
F M T P A L M S U N D A Y E
C H R I S T L A M B H T E F

Chocolate

Angels

Resurrection

Chick

Palm Sunday

Fertility

Tradition

Christ

Forgiveness

Eggs

Rebirth

Equinox

Bunny

Lamb

Jesus

Egg Hunt

Bonnet

Cross

Good Friday

Family

